

ASLA Referee Guidelines

Website:

avonsports.org

left-hand side Rules of the Game for a complete guide

Switching Games:

- If you cannot ref a game, you must find a replacement. You can mass email the group, but make sure the replacement ref is allowed to do the age group of your game.
- They must be an approved ref. You **cannot** have a non approved ref cover your game!
- If you can't get it covered, call or email the ref director.

Pre-Game:

- Arrive 15 minutes early
- Must wear proper shirt on the outside
- Wear appropriate shoes
- Ask for money – if they do not have it let them know the game will begin when they get it to you
- Ask if they have all of the Medical forms
- Referee should check all players for proper shoes and shin guards.
 - No player is permitted to play without shin guards.
 - No shoes with metal cleats or baseball shoes with toe cleat in place may be worn.
 - Players with improper equipment may not play until corrected and checked in by the referee.

During Play:

- Player's safety and well being is the referee's primary concern.
- Keep a reasonably accurate account of time (10 minute quarters for U7/U8) (12 minute quarters U12) everyone should have a stopwatch
- You are in control of the game. Blow your whistle loud. Use hand signals and take charge.
Be confident but do not become the game.

The Ball:

- Size 3 balls- U5, US & U7
- Size 4 balls- U8 &U9

The Number of Players:

- Maximum number of players on the field at any one time:
 - U7.U8-5 vs. 5
 - U12 7 vs. 7

Duration of the Game:

- The game shall be divided into (4) equal ten (10) minute quarters for U5, U6, U7, U8 and (4) equal (12) minute quarters for U12.
- Blow whistle 3 times to indicate the end of a quarter.
- There shall be a two (2) minute break after the first and third quarters.
- A five-minute break should take place after the second quarter.
- If you hear Thunder or see Lighting, the game must immediately stop for 30 minutes.
- Always listen for coaches yelling to sub.

Ball In and Out of Play:

- The ball is out of play when it has wholly crossed the goal line or touchline, whether on the ground or in the air.
- Blow your whistle loud and point the direction of who has the ball.

Fouls and Misconduct:

- All fouls will result in an INDIRECT FREE KICK with the opponents six (6) yards away.
- NO Heading of the ball is allowed at any time, incidental heading results in play on, deliberate heading is a foul
- No slide tackles.
- Do not be afraid to call fouls on older kids such as handballs or incorrect throw-ins. Use your discretion on younger kids. It doesn't hurt to call a foul and re-start if players are tripping.
- Talk to the players and let them know what is going on.
- Blow your whistle loud and point.
- Protect the Goalkeepers

Penalty Kicks:

All fouls occurring inside the goal area will result in an indirect outside the box.

Throw-in:

- A second throw in must be allowed if the player commits a foul on the initial attempt.
- A legal throw in consists of the following.
 - Player must be on or behind the touchline.
 - The ball must be thrown from behind the touchline.
 - Both hands must be on the ground.
 - Both feet must remain on the ground.
 - The throwing player may not touch the ball again until it has been touched by another player.

Goal Kick:

- A goal kick is required to restart play when the ball passes completely over the end line and was last touched by the attacking team.
- Goal kick may be taken from any point inside the goal area.
- Opponents must be 6 yards away from the ball.
- May be taken by anyone on the defending team.
- May not be touched by the kicking player until another player has touched the ball.

Corner Kick:

- A corner kick is required to restart play when the ball passes completely over the end line and is last touched by the defending team.
- Is taken within 2 feet of the field corner closest to where the ball went out of play.
- Opponents must be 6 yards away from the ball.
- May be taken by any player on the attacking team.
- May not be touched by the kicking player until another player has touched the ball.

Coaches:

- There is to be NO intimidation from Coaches –notify me immediately if this occurs.

Contatcs:

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