



CLEVELAND'S PREMIER TRAINING-COMPETITION FACILITY

www.Ohio-Nets.com

Home of Cleveland Futsal League

For Boys and Girls U-9 through U-18
Men's, Women's and Co-ed Divisions

(U-15, 16, 17, 18 include high school players.
First session can be delayed by up to two
weeks by scheduling double
headers upon request)

**TO REGISTER,
become a referee
or for information contact:**

Chris Dore, League Director
cdore@firsttouchunlimited.com
440-320-2390

Otto Orf, League Coordinator
oorf@firsttouchunlimited.com,
330-329-5883

**Frank Griffith,
League Registrar**
fgriffith@firsttouch
unlimited.com
440-670-1231



Jason Krnac
CFL SENIOR REFEREE

Jason Krnac, Cleveland native and resident is currently a USSF National Referee and Associate Instructor. Jason has officiated at nearly every level of soccer from the Youth National Championships, college (NISOA-National) and high school (OHSAA) to the professional ranks in both the indoor (NPSL, MISL) and outdoor (MLS, USISL, USL 2, PDL) games.

Few referee's are more accredited and with Jason's unique experience in the FUTSAL game he will help educate CFL referees, coaches and players. In addition to the 2007 USSF Instructed/Mentor Futsal Referee Course in Shawnee, KS and co-instructing the 2006 USSF Indoor/Futsal Course in Detroit, Michigan Jason participated as a Futsal Referee at the 2007 Pan American Games in Rio de Janeiro, Brazil and has been appointed to the International Panel as a FIFA Futsal Referee.

Chris Dore LEAGUE DIRECTOR



A native of Cleveland, OH, Chris Dore has experienced soccer success at nearly every possible level. A High School All-American at Lorain Catholic High School, Chris went on to earn a degree from Bowling Green State University where he also became a NSCAA Division I collegiate All-American. His success as a student-athlete provided the opportunity to reach the professional ranks where he played 5 years for three outdoor clubs in the A-League including the Charleston Battery, Virginia Beach Mariners, Syracuse FC. Most recently Chris was afforded the rare opportunity to play professionally in his home town when he joined the Cleveland Force of the MISL from 2003-2005.

Since 2005, Chris has dedicated his time to the development of youth players around the Cleveland area, instructing hundreds of players on a daily basis. Always trying to increase his knowledge about player development, Chris is excited to help bring the game of futsal to Northeast Ohio.



Otto Orf LEAGUE COORDINATOR

Otto Orf, A Buffalo, New York native began playing soccer at age 15, developed a passion for the sport, played at the University of Buffalo and moved quickly into the pros. A 21 year pro indoor and outdoor career ended with his 17 years as Cleveland Crunch and Force goalkeeper. His many credits include 4 pro indoor national championships, appearance in the 1990 US Open Cup semi-final, 1995 World Indoor Soccer Championships in Zurich and 3 tours of duty, 11 caps and an undefeated record with the US National FUTSAL Team.

His national team honors are amongst Otto's proudest achievements. At the inaugural CONCACAF FUTSAL qualifiers in Guatemala 1996 he was awarded Goalkeeper of the Tournament as the USA won the gold and qualified for the World Cup Finals in Spain. Otto also competed with the team at the Costa Rica 2000 qualifiers and in 2003 the USA again finished first at the FUTSAL GOLD CUP in Anaheim, CA.

In 1991 Otto created HandsOnSoccer tm and has expanded it's programs to include youth camps, specialty clinics and an educational program for beginner coaches. In 2004 he took a position as goalkeeper coach at Hiram College and in 2005 gained professional assistant and head coaching experience with the Cleveland Force of the Major Indoor Soccer League (MISL).

A Member of Super-F League
www.clevelandfutsalleague.com



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WHY FUTSAL?

Accelerated Rate Of Learning!

80 Possessions A Player Per Game!

In a 40 minute Futsal match, a field player on a team using a dynamic system of play with rotations and player exchanges to create and take advantage of space will touch the ball once every 30 seconds . . . that's just over 80 possessions per player per match, if the player plays the entire match. This compares to only 30 to 40 possessions per player in a full 90 minute outdoor soccer match.

The majority of possessions in Futsal are quick 1, 2 or 3 touch combinations with teammates. In Futsal, players who put their head down and try three or more touches will usually find themselves double teamed and losing the ball. The game rewards players who keep their head up, who control the ball, who support their teammates and who use one and two touch combination play to work with teammates.

Futsal Guidelines for Coaches,
Systems of Play,
pages 189-208, © 2005,
Set Sport Corporation, Brazil



Futsal is the only official form of Indoor Soccer accepted internationally

- Futsal configures as a reduced version of outdoor soccer
- Futsal is generally played on a basketball or volleyball court, 5-a-side
- FIFA took the next logical step of establishing a World Championship in 1989
- Adopted by the Fédération Internationale de Football Association (FIFA) in 1987
- Futsal does not use dasher boards making it a better skill developer, safer, & economical
- Futsal is pure football: pace, skill, teamwork and high drama characterize this indoor game
- Futsal is played on all the continents of the world by over 100 countries with 12 million players

"Many of the world's top outdoor players developed their amazing skills through the game of Futsal. Soccer is about mastering techniques and Futsal does just that." Keith Tozer, US National Team Coach
"There are four ways to develop soccer players, Futsal, practicing on a beach, soccer volleyball and soccer tennis. Number one, being Futsal." Desmond Armstrong



Agility, Quickness & Faster Speed Of Play

Soccer players, playing Futsal matches under the pressure of restricted time, space and pressure, will improve their:

- Speed of action/reaction with and without the ball
 - Speed of decision-making and anticipation
 - Speed of perceptual and visual processing
 - Speed of performing soccer specific skills
 - Speed at which feints can be performed
 - Speed of transition from Attack to Defense
 - Speed of transition from Defense to Attack
 - Speed of locomotion (speed of sprint)
 - Speed of goalkeeper reaction times
 - Speed of team and combination play

Futebol Total, J. Weineck, Phorte Editora, © 2000,
São Paulo, Brazil
Futsal Guidelines for Coaches, Speed in Futsal,
page 171, © 2005, Set Sport Corporation, Brazil



Session One November-December

Session Two January-February

Cost

\$595 per team.

\$75 per individual player.

- CFL will place single players on a 'house' team according by age and skill level.
- Discounts for early registration, 2 session commitment and multiple team registrations.
- Recommended maximum roster 12 players, minimum of 8.
- Practice time subject to availability.

Average cost per player of \$60 per session!

League Schedule

8 games per session, Saturday's 8 a.m. - 8 p.m.

- Ages 8-12 from 12-5pm
- Ages 13-18 from 8am-12noon
- Men's, women's, coed open 5pm - 8pm.

Times subject to change

Elite Team Package

\$1,769 per team includes: **Limited Availability**

- 8 week league schedule of games
- 8, 45 minute training sessions WITH trainer
- 12 youth and coach t-shirt with CFL logo and numbers
- 13 Futsal balls, one per player and coach

Cost per player of \$160 BEST VALUE

The world's greatest players including Pele, Maradona, Ronaldo and Ronaldinho all grew up playing futsal!

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